

What is APDS?

APDS is a rare condition that affects how your immune system works. It is not your fault.

What it might feel like

- Getting sick more often
- Feeling tired
- More doctor visits

That's okay.

School & life

You can still go to school, play, and have friends. Sometimes you just need extra rest or help.

You are more than APDS

APDS is something you have — not who you are. You are still you.

Feelings are okay

It's normal to feel sad, mad, or worried. Talking to someone you trust can help.

You are not alone

There are other kids and families who understand APDS.

What APDS can look like

APDS is different for everyone. Some kids have a few symptoms, and others have more. Symptoms can also change over time.

Common symptoms

- Getting sick more often
- Infections that take longer to go away
- Feeling tired or having low energy
- Swollen lymph nodes
- Stomach or digestive issues
- Needing more doctor visits

Everyone is different

Some kids feel okay most days, while others need more support. Doctors and families work together to find the right care for each person.

You are not alone

The APDS Rare Disease Coalition is here to help families find information, support, and understanding.

